

45 Affirmations for Submitting Work to a Local Exhibition

A moment to pause, reflect, and choose a useful next step.

1. A submission can be prepared without predicting selection.
2. I can check how the work must be presented.
3. The entry's practical requirements deserve careful attention.
4. I may choose a piece that fits the stated exhibition context.
5. A description can be honest without inflated claims.
6. I can represent dimensions and materials accurately.
7. A deadline can guide preparation without encouraging careless promises.
8. I may consider transport and display needs before applying.
9. My next step does not have to be driven by assuming selection will decide whether I am an artist.
10. I can give thoughtful attention to my exhibition submission.
11. I can consider my prepared artwork when deciding what to do next.
12. I can make space for a simple attempt before judging the result.
13. I can read the entry requirements carefully.
14. I can document the work clearly and honestly.
15. I can check dates and costs before committing.
16. I can keep making while I wait for a decision.
17. Selection may involve curatorial relationships I cannot see.
18. A declined entry does not remove the finished piece.
19. I can keep records of what I submitted.
20. A local opportunity can still deserve professional care.
21. I may ask a clear question when instructions are ambiguous.
22. The work can be appreciated outside this one exhibition.
23. I can continue making during the waiting period.
24. Submitting is one way to participate in a wider creative community.

25. Sharing can begin with a small and appropriate audience.
26. I may explain the stage of the work.
27. Visibility is a choice with boundaries.
28. A quiet response does not tell the whole story.
29. I can celebrate the act of sharing without predicting reception.
30. My next creative choice remains mine.
31. I do not owe strangers every part of the process.
32. Publication does not end my ability to learn.
33. A material can surprise me without ruining the whole session.
34. I can make a small decision and observe its effect.
35. My taste is allowed to evolve through practice.
36. I can keep an experiment that would not belong in a portfolio.
37. A useful tool does not need to be the newest one.
38. I can learn from an influence while respecting the original maker.
39. I can credit collaborators accurately.
40. A private piece does not need a public explanation.
41. I can ask for technical help without handing over the idea.
42. I can keep a playful detail because it delights me.
43. The process can be meaningful even when the result is temporary.
44. I can work from observation instead of an imagined standard.
45. I can choose when a project is ready for feedback.

Choose words that feel believable. Pair them with a small action. Affirmations support reflection; they do not guarantee outcomes or replace professional care.

Source: <https://affluma.com/submitting-work-local-exhibition-affirmations/>